

# Reduced Intensity Transplants in Pediatrics

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# **Why should we consider Reduced Intensity Transplants in Pediatric Patients**

- **We have done traditional transplants for 50 years still lousy results (ALL in CR2 short initial remission (30-40% 3 year EFS)**
- **As Pediatricians we would like to reduce long term effects**
- **To reduce up-front Transplant related mortality**
- **To induce Graft vs. Tumor effect with the ultimate goal to improve survival (CURE).**

**This is what we try to avoid**





# **Traditional Allogeneic Transplantation**

- **Curative potential in most hematological malignancies and some solid tumors**
- **Conditioning regimens consist of high doses of chemotherapy with or without TBI**
- **Treatment is associated with high morbidity and mortality of 10-40%**
- **Limited to younger patients (<50 years).**
- **Approach is prohibitive in patients with a co-morbid illness or organ dysfunction.**

# What is a Reduced Intensity



So, Where are we exactly?

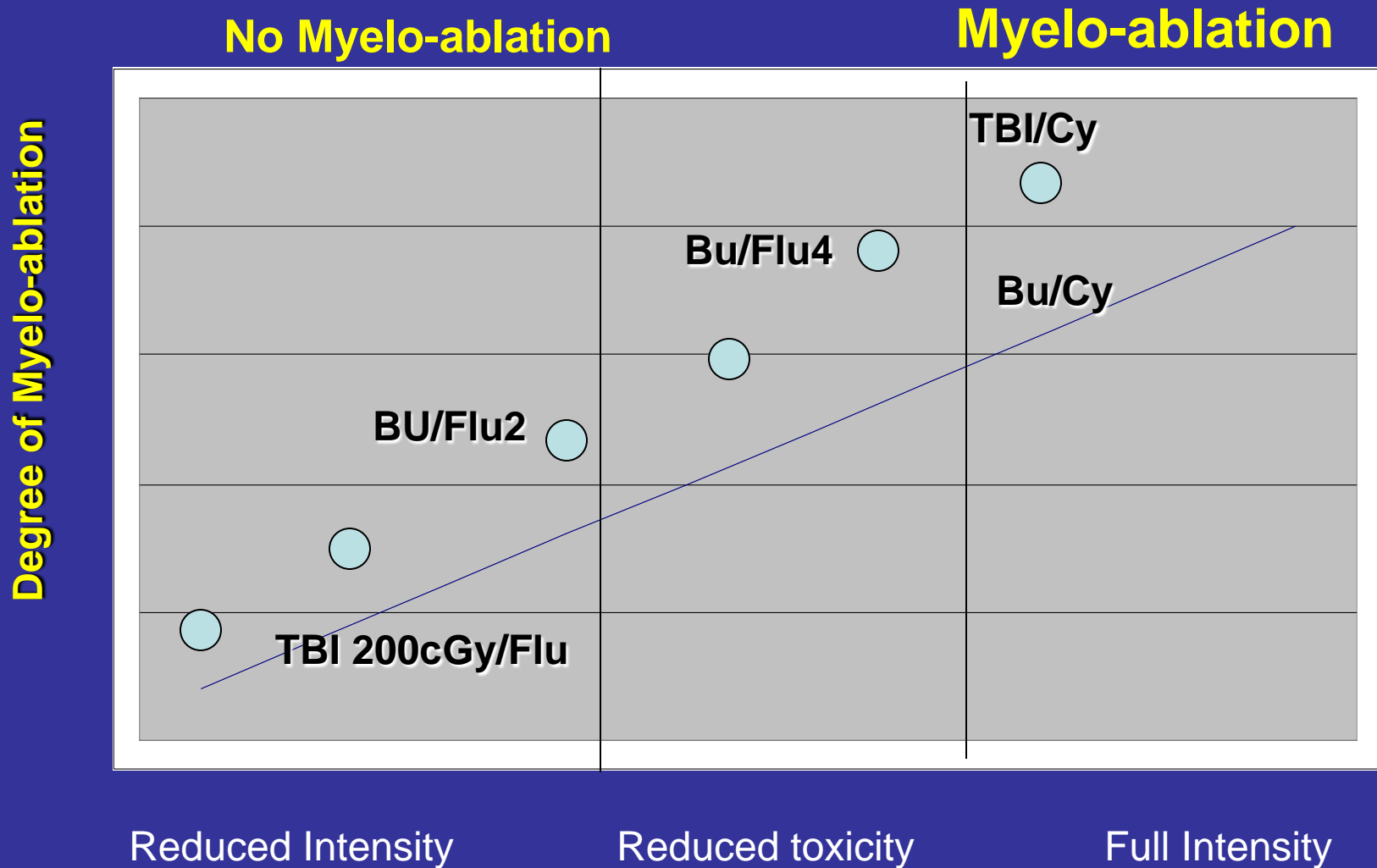


**This is what we are trying to achieve**





# Reduced Intensity Transplants



# Rationale for Allogeneic RIT

- The anti-tumor effect of donor immune cells (NK cells) is thought to play a major role in the curative potential of allogeneic transplant
- **Graft vs. Tumor Effect**
- Engraftment of donor cells can occur following conditioning regimens consisting of lower doses of therapy (immune-suppressive)
- RIT regimens are associated with less toxicity than standard myeloablative regimens

# **RIT**

## **Pre-Clinical Studies**

- **Animal Studies:**
  - Chimeric engraftment was seen in 10/11 dogs following a single dose of TBI (2Gy) with infusion of identical DLA stem cells and GVHD prophylaxis with CSA and MMF (Storb et al.)

# **RIT Studies:**

## **Hematological Malignancies**

- **Giralt et al.:**
  - 13 patients with ANLL/ MDS (median age of 59 years)
  - Treatment: Fludarabine, Idarubicin, and Ara-C or melphalan plus PBSC
  - Outcome: all patients engrafted with 90% donor cells by day 14-30; only one toxic death.
- **Childs et al.**
  - 11 patients with hematological malignancies
  - Treatment: Cytosan and Fludarabine and plus PBSC and CSA for GVHD prophylaxis.
  - Outcome: all patients engrafted; 4 patients develop severe GVHD.

# **RIT Studies:**

## **Hematological Malignancies (cont.)**

- **Slavin et.al.**
  - 26 patients with hematological malignancies
  - Treatment: Fludarabine and Busulfan plus PBSC and ATG and CSA for GVHD prophylaxis.
  - Outcome:
    - All patients engrafted
    - No toxic deaths.
    - Partial chimera was seen in 9/26.
    - The estimated survival probability was 77%; 4 patients died of severe GVHD.

# Review of The Literature

- Over 500 Abstracts last year submitted to ASH with multiple regimens and types of patients
- Many papers with small series or case reports.
- several Abstracts in Pediatric patients
- 1 full length paper using RIT in Pediatrics

(Pulsipher et al 2009)



# Differences Between RI and Full Intensity Allogeneic Transplants

## Full Intensity

- high doses of chemotherapy and TBI
- lower numbers of stem cells infused
- intense GVHD prophylaxis
- inpatient hospital care
- high transplant related toxicity
- increase risk of GVHD

## Reduced intensity

- lower doses of chemotherapy and TBI
- higher numbers of stem cells infused
- minimal GVHD prophylaxis
- outpatient care
- minimal transplant related toxicity
- Increase risk of cGVHD

# Engraftment

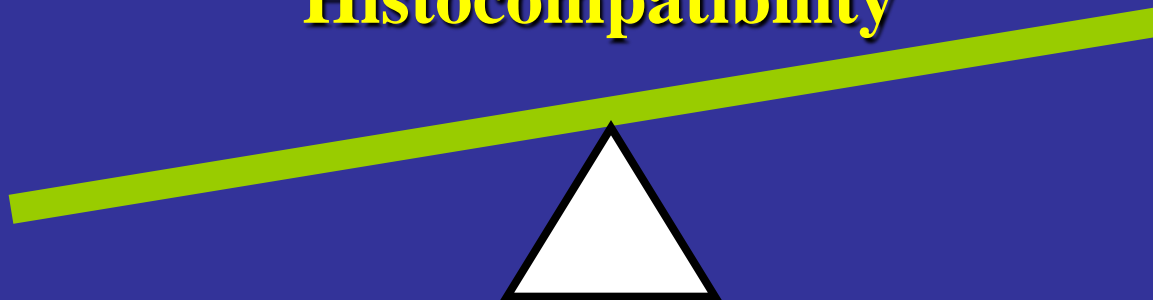
## Graft

- Stem cell dose
- T-cell dose (CD8)
- Graft-facilitating cells
- Stromal stem cells?

## Host

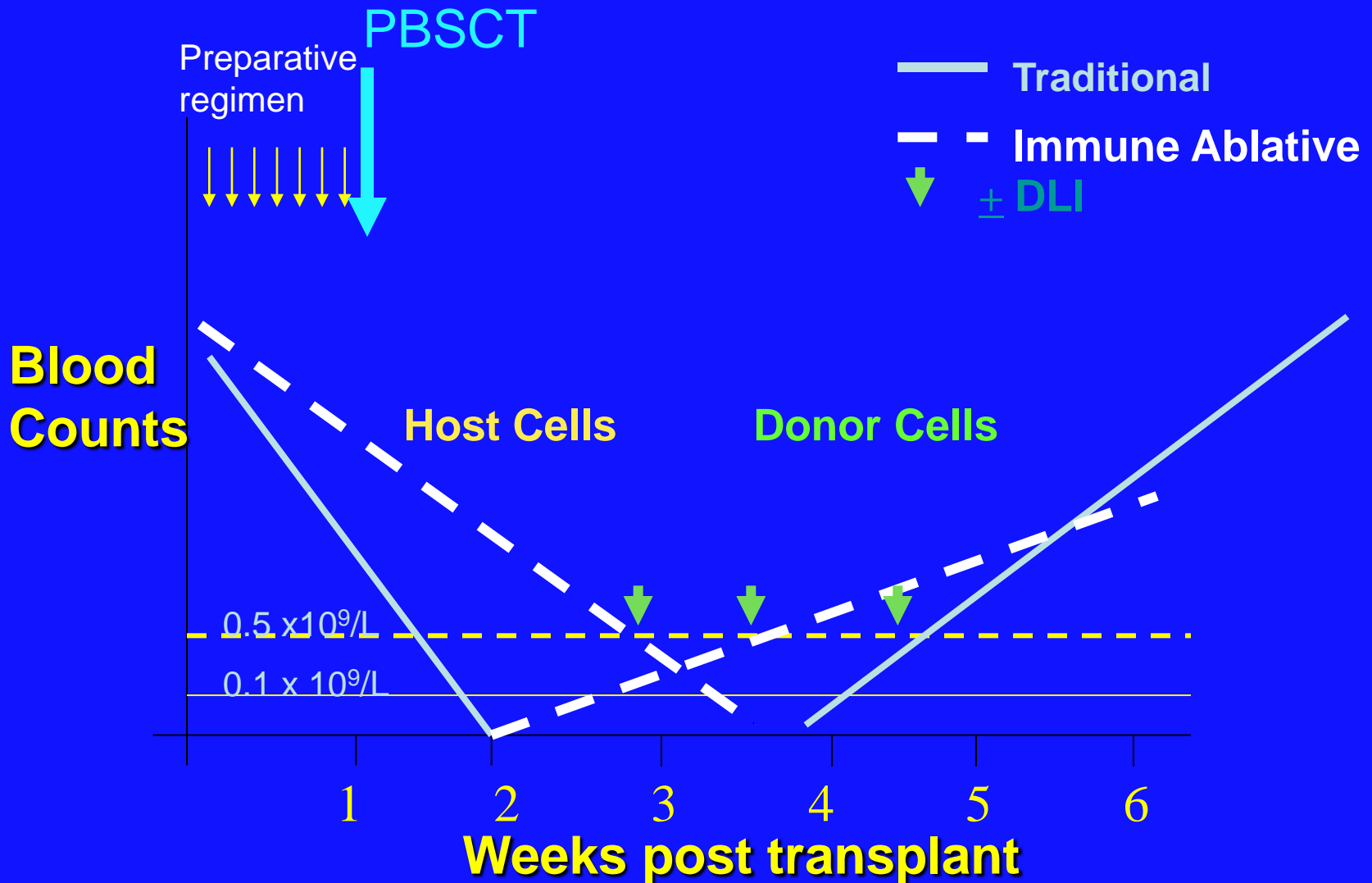
- Immunosuppression
- Preparative regimen
- Post-transplant Rx
- Disease effects
- Sensitization

## Histocompatibility



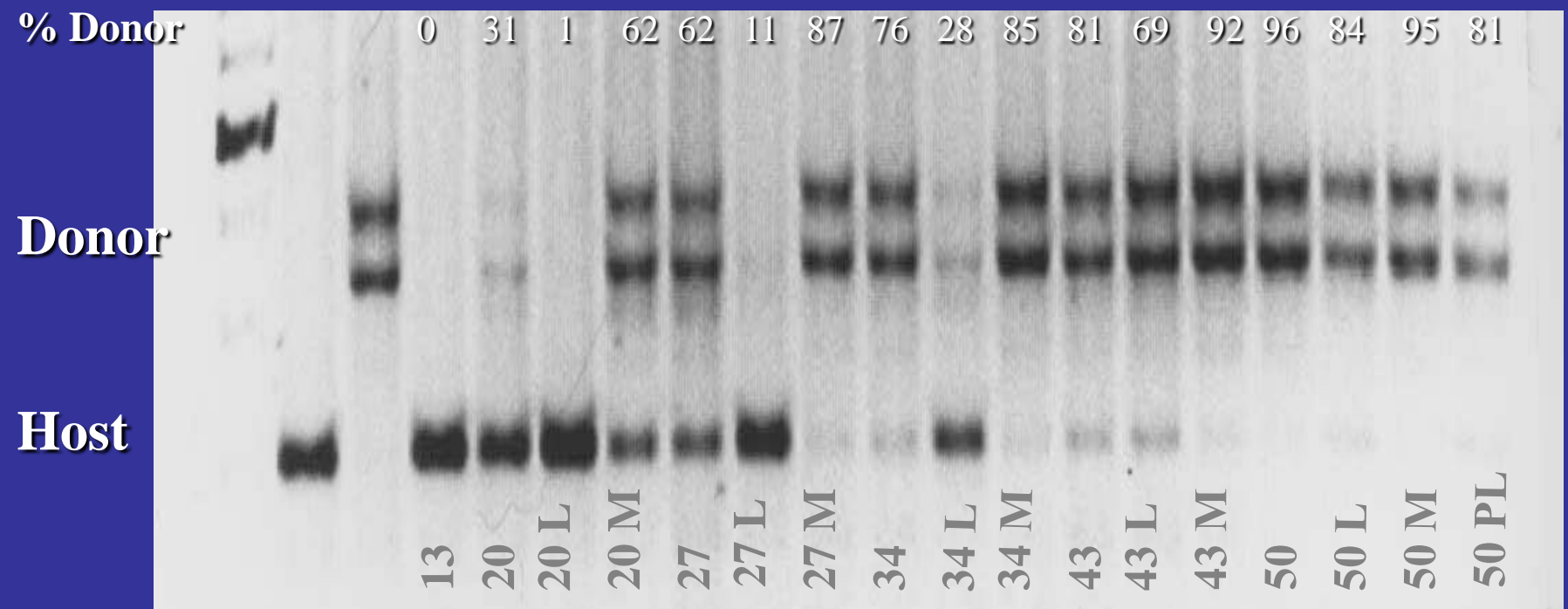
In RIT regimens the graft cells may inhibit rejection.

# Hematological Reconstitution: Full vs. Reduced Intensity Transplant



# Chimerism after an Reduced Intensity transplant

*MWM= Molecular Weight Marker*  
*TX= Transplant*  
*L= Lymphoid (T cells)*  
*M=Myeloid*  
*PL= platelets*



MWM

Host pre-TX

Donor pre-TX

Days post Transplant

Before we continue we have to ask the following Question.

**What role is the Myelo-ablation play in Disease Control?**

# EXPRESSION OF WT1 GENE AS A PREDICTOR OF OUTCOME IN PEDIATRIC PATIENTS UNDERGOING ALLOGENEIC HEMATOPOIETIC STEM CELL TRANSPLANTS (HSCT) FOR ACUTE LEUKEMIA.

*Morris Kletzel, Marie Olszewski, David Jacobsohn, Wei  
Huang, Roopa Seshadri, Reggie Duerst.*

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# Background

- **WT1 gene is a transcription factor located on chromosome 11p13, and is involved in the pathogenesis of Wilms tumor.**
- **Significant levels of expression of WT1 gene have been reported to be expressed in blast of adult patients with acute leukemia (ALL, AML).** Miwa et al 1992, Miyagi et al 1993 and Menssen et al 1995.
- **WT1 as a reliable tool for detection of MRD in Children.** Kletzel et al 2002
- **Prognostic significance of quantitative analysis of WT1 gene in adults with acute leukemia** Garg et al 2003
- **High levels of MRD (gene rearrangements) prior to HSCT predicts poor outcome in children with ALL** Krejsi BMT –MRD study group. 2003

# Patients and Method

- 62 patients with acute leukemia  
(AML n=33), (ALL n=29)
- Median age 4.0 years (range .46-18.4)
- 36 males 26 females.
- Stem Cell Source  
UCB (n=33), MUD (n=13), MS (n=16)
- Race  
C (n=37), AA (n=8). H (n=14), O (n=3)

# Patients and Methods

*Full Intensity Conditioning:*

fTBI 1200 cGy (8 fractions of 150 cGy)  
day -8 to -5.

VP-16 1000mg/m<sup>2</sup> as an 8 hr infusion day -4

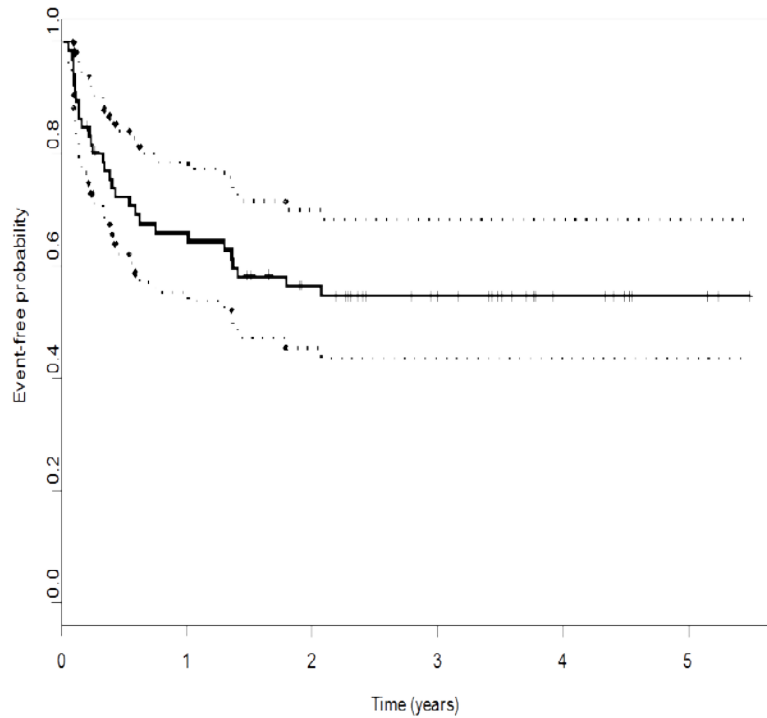
Cyclophosphamide 60 mg/kg/day x 3 days days  
-4 to -2

*GVHD prophylaxis:*

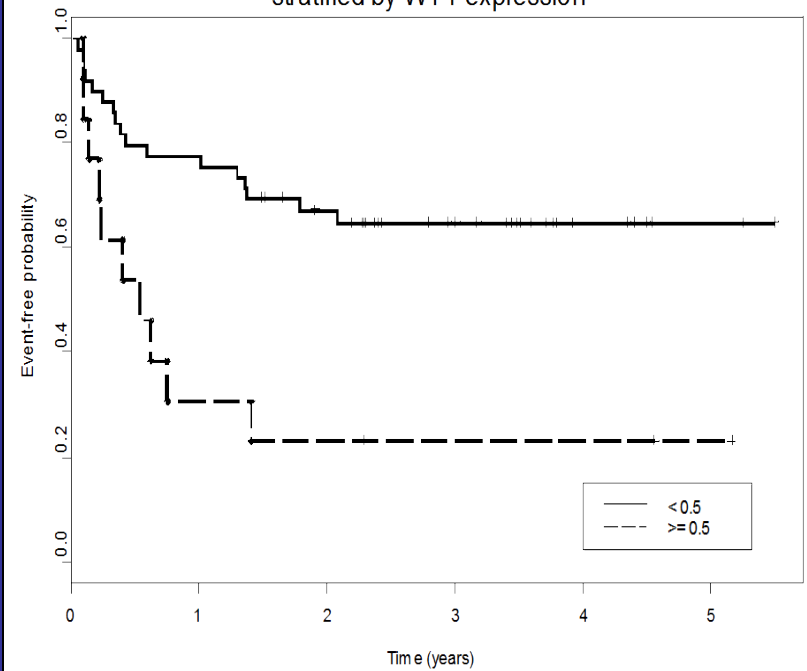
CSA, short course MTX (days 1,3 and 6) for the  
matched siblings and rabbit ATG (2mg/kg on  
days 1,3,5,7) was added to the alternative  
donors

# Results

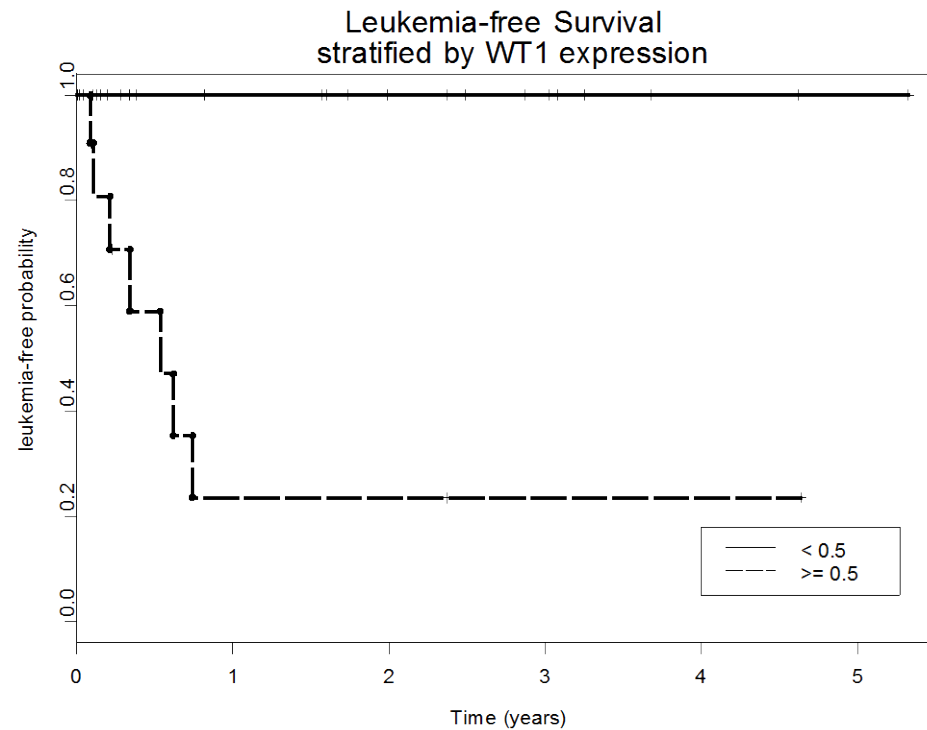
Event-Free Survival



Event-free Survival  
stratified by WT1 expression



# Results



# Conclusions

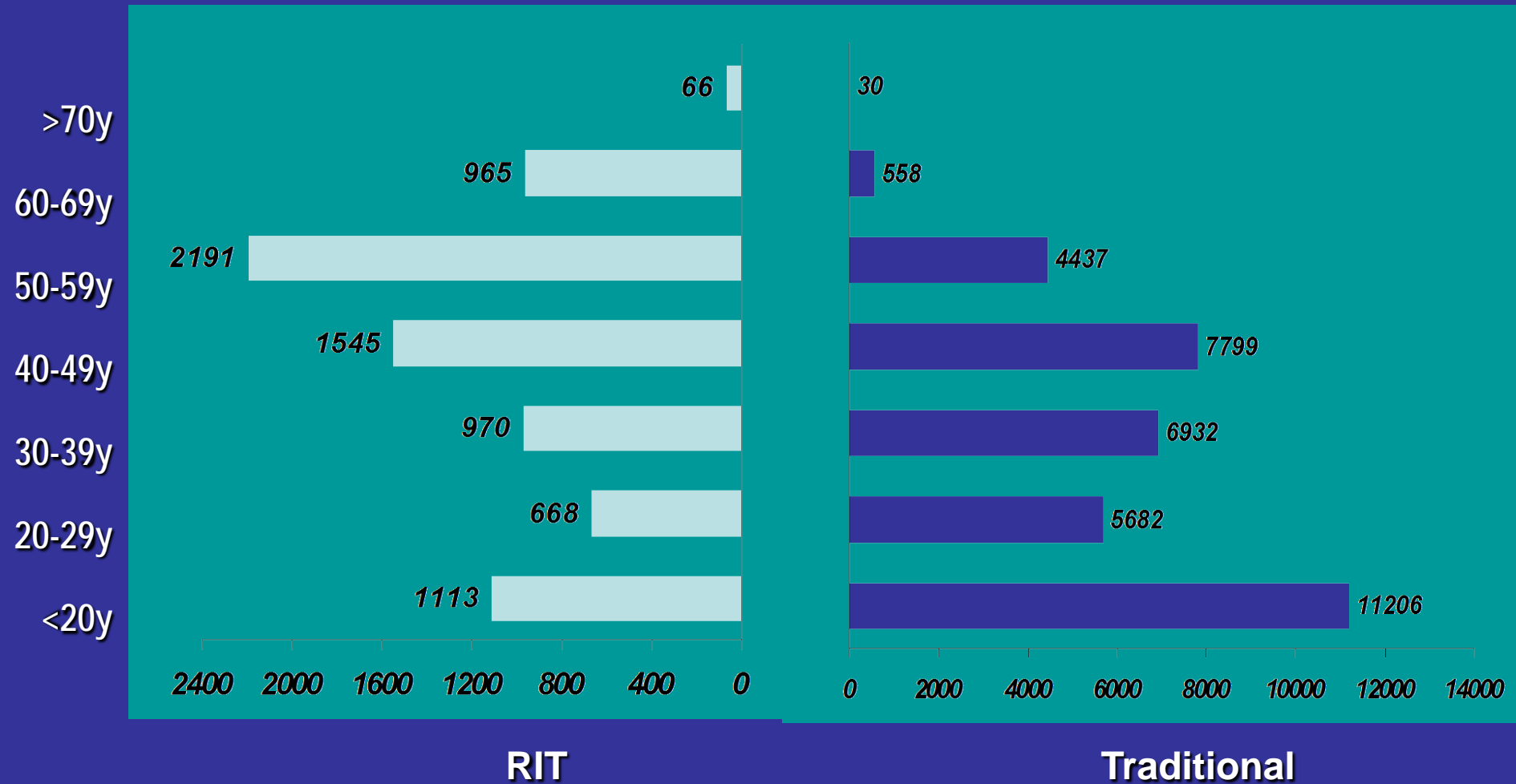
- Increase WT1 expression prior to HSCT is associated with relapse ( $p=0.003$ )
- Patients with amplified expression were 3.3 times more likely to have a relapse  
95%CI (1.5-7.3)
- The association does not change after controlling for:
  - Transplant type
  - Acute GVHD
  - Chronic GVHD
  - HLA antigen mismatch



# **RIC regimens**

- **TBI 200 cGy in one fraction**
- **Fludarabine based**
- **Sub-myeloablative based**
- **ATG supplementation**
- **Infusion of high numbers of CD34+ cells donor cells ( $6 \times 10^6$ )**

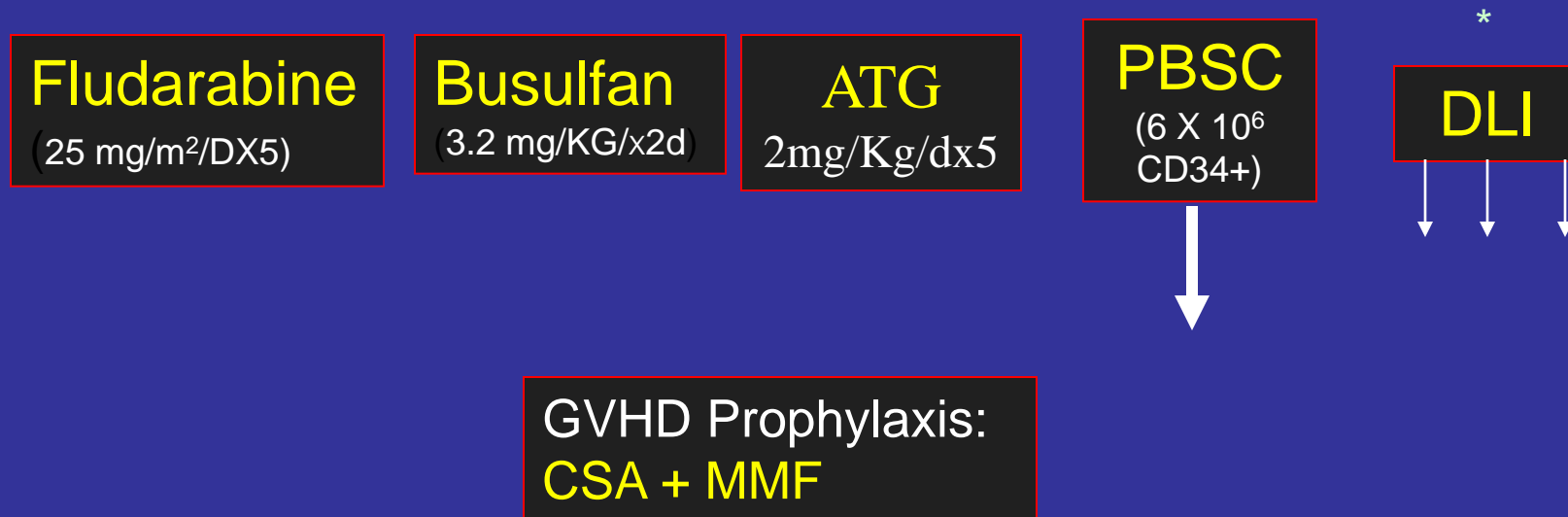
# AGE OF ALLOTRANSPLANT RECIPIENTS REGISTERED WITH THE IBMTR, 1997-2002



# RIC Schema at Lurie Children's

- HLA-matched donor related or unrelated 7/8, 8/8
- Two antigen mismatched for UCB

- **Regimen**



Note for the cord we have added a dose of Thio-Tepa 10 mg/Kg to improve engraftment

\* Only to improve chimerism

**Is There GVL effect in  
Lymphoid Leukemia's ?**

# Experience with ALL only patients

- ALL patients (16)
- CR2 (8)
- CR3 (3)
- CR4 (4)
- refractory Dz (1)
- males (11) females (5)
- Median age 8.9 years (1-16)
- Prior HSCT (7)
- PBSC (13) BM (3)

# RIC in ALL

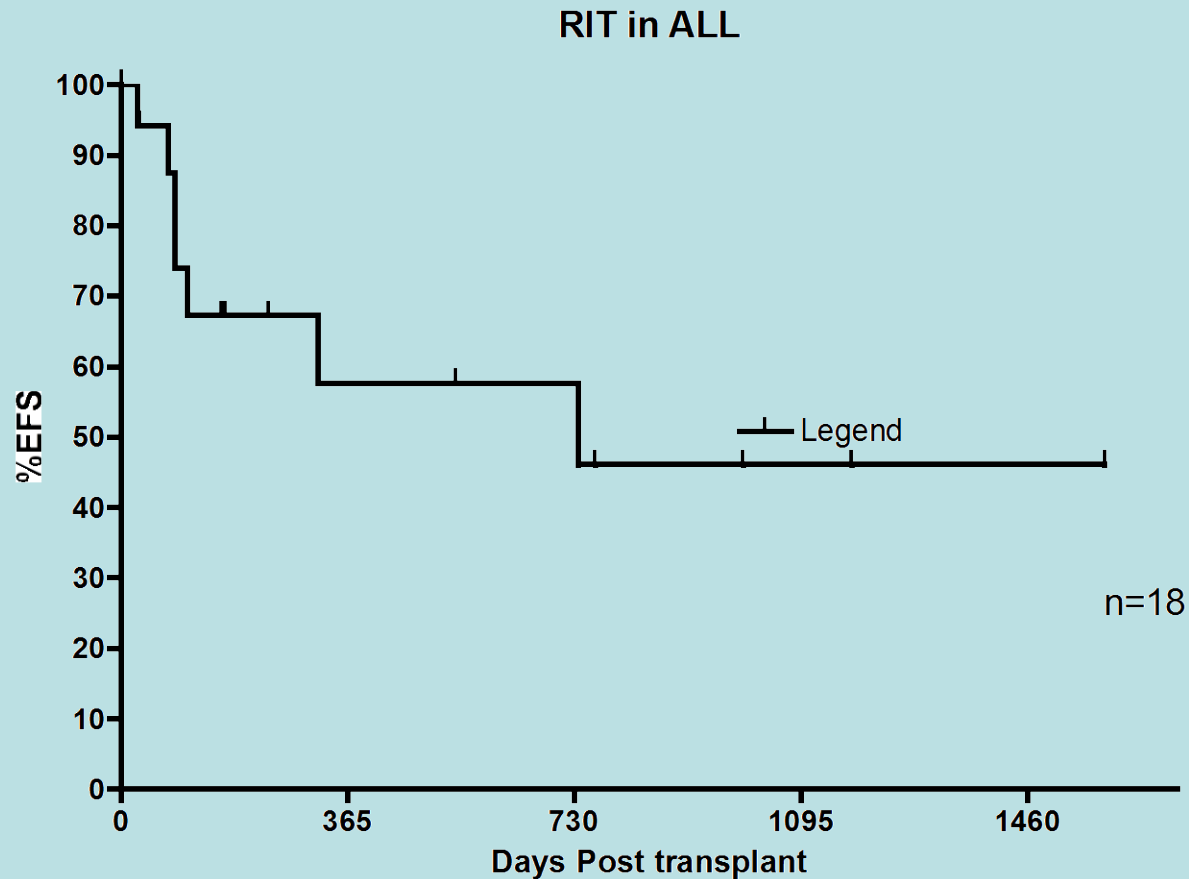
- RIC due to:
  - Prior aspergillosis (1)
  - PH+ (1)
  - Neurological Toxicity (2)
  - Infant CR2 (1)
  - Relapse post Myeloablative Tx (7)
  - No reason (6)



# RIC in ALL

- Outcome
  - Cause of death
    - PD (1)
    - Infection (2)
    - Neuro (2)
  - Acute GVHD
    - Grade I (5)
    - Grade II (1)
    - Grade III (0)
    - Grade IV (2)
  - Chronic GVHD
    - Limited (2)
    - Extensive severe (1)

# Experience with ALL patients only EFS



# Conclusions

- Difficult to draw conclusions from the small numbers and the diversity of patients.
- Acute toxicity is minimal
- Engraftment is difficult in patients with hemoglobinopathies
- There is GVL effect in ALL patients
- Chimerism is good and sustained in all other patients.
- The source of Stem cells does not appear to create any problem but cord blood transplants may required extra myelosuppression
- Acute GVHD was not a problem
- Higher than expected incidence of cGVHD and this maybe a problem
- A larger number of patients are necessary to confirm this findings

# How about RIC conditioning in patients who relapse after an Allogeneic transplant

- 13 patients (9 males and 4 females)
- Median age 9 years (1-16)
- Transplanted at Lurie Children's between 2002 and 2012
- All n=11 and AML n=2
- Source of Stem Cells
  - 1<sup>st</sup> transplant ( 8 MRS and 5 MUD including 2 UCB)
  - 2<sup>nd</sup> Transplant (5 MRS and 8 MUD)
- Conditioning Regimens
  - Regimen A fTBI 1200cGy (150cGy fractions day -7 to -4, VP-16 1000mg/m<sup>2</sup> on day -3 and cyclophosphamide 60 mg/kg day on day -3 to -1 ( 1<sup>st</sup> HSCT n=7 , 2<sup>nd</sup> HSCT n=6)
  - Regimen B Fludarabine 30 mg/m<sup>2</sup> day from -10 to -6, Busulfan dose based on results of PK of a test dose to achieve a AUC of 4000 µmol-min/day on days -5 , -4, rabbit ATG 2 mg/kg on days -4 to -1 (1st HSCT n=3, second HSCT n=10)
  - GVHD prophylaxis for Reg A CSA/Tacro and short course MTX for Reg B CSA/Tacro MMF ± Extracorporeal photopheresis

# Results of second Transplants after relapse using RIC

- Median time from diagnosis to 1<sup>st</sup> HSCT 202 days
- Median time from 1<sup>st</sup> HSCT to the second HSCT 531 days
- Median time to ANC >500  $\mu$ l was 15 days (10-39) for the 1<sup>st</sup> HSCT vs. 18.5 (10-25) for the second (p=0.7)
- Median time to platelets >20.0  $\mu$ l 16.5 days (1-54) for the 1<sup>st</sup> vs. 19 days (0-54) for the second (p=0.8)
- Full donor chimerism was achieved at a median 34.5 days (12-63) in 13/13 pts. after the 1<sup>st</sup> HSCT and 44 days (22-108) after the second in 10-13 pts. (2 had partial chimerism)
- Median follow up after the 2<sup>nd</sup> HSCT 1259 (350-3508)
- All patients receive the 2<sup>nd</sup> transplant from a different donor
- The 3 and 5 year EFS is 69% and 43% respectively
- The 7 patients who are Alive and free of disease (1 with Partial chimerism\*\* and 6 with full donor chimerism from the second HSCT)
- 6 pts. have expired 3 of complications of cGVHD in remission and 3 with progressive disease (2 of the 3 had a partial chimerism from the second HSCT)

\*\* This patient has a full donor chimerism of the 1<sup>st</sup> donor ( graft failure second donor)

# Conclusions of second Transplants after relapse using RIC

- Pts. who relapse after a 1<sup>st</sup> myeloablative HSCT can be successfully treated with a second transplant from a different donor
- Pts. who did not achieved a full donor chimerism from the second donor were at higher risk of relapse
- The only exception was the patient who had a graft failure from the second transplant but has a full donor chimerism from the first.
- There was an increase incidence of cGVHD in this cohort and pts. those with extensive and severe cGVHD died fro complications of GVHD and not relapse.
- All but one of the surviving patients have cGVHD which may explain that there is The biologic effect of GVL in this group of patients.
- Evaluation of chimerism can be difficult in this group of patients since the evaluation has to be made with the recipient and each one of the donors

**Outcome of Second Transplants in Pediatric Patients with Acute Leukemia after a Hematopoietic Stem Cell Transplant (HSCT) from a Different Donor. Assessment of Chimerism by Real -Time PCR to determine the Risk of Relapse**

**Sana Khan<sup>1</sup>, Marie Olszewski<sup>1</sup>, Morris Kletzel<sup>1,2</sup>**

# Purpose

To assess the Survival and Efficacy of a second HSCT from a different donor in patients who relapse after the 1<sup>st</sup> allo HSCT using Chimerism to assess the risk of relapse

A retrospective analysis



# Patients and Methods

- 13 patients (9 males and 4 females)
- Median age 9 years (1-16)
- ALL (n=11) AML (n=2)
- Donor Source
  - 1<sup>st</sup> Tx MRS (n=8) Alternative Donors (n=5 2 cords)
  - 2<sup>nd</sup> Tx MRS (n=5) Alternative donors (n=8)
- Conditioning regimens
  - Reg A fTBI, VP-16, Cytosan
  - Reg B Fludarabine, Busulfan ATG

# Patients and Methods

- Conditioning regimens
  - 1<sup>st</sup> Tx regimen A (n=7) regimen B (n=6)
  - 2<sup>nd</sup> Tx regimen A (n=4) regimen B (n=9)
- GVHD prophylaxis
  - Reg A CSA/Tacro short course MTX  $\pm$  ATG
  - Reg B CSA/Tacro, MMF  $\pm$  ECP
- Chimerism was evaluated by RT-PCR
  - Full donor  $>98\% \pm 1\%$

# Results

- Median time from Dx to 1<sup>st</sup> transplant 202 days
- Median time from 1<sup>st</sup> to 2<sup>nd</sup> HSCT 531 days

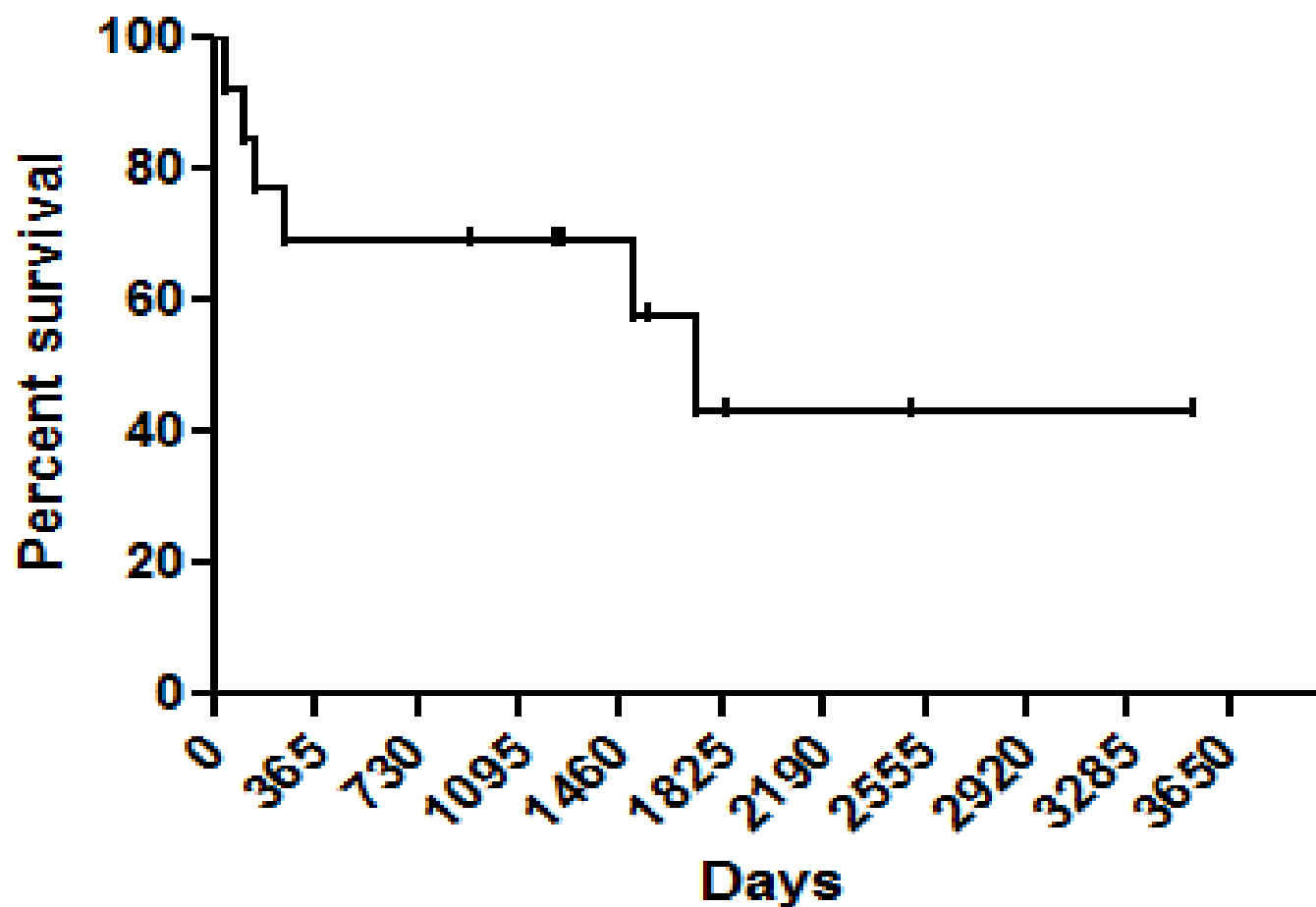
	1 <sup>st</sup> TX	2 <sup>nd</sup> Tx	P value
ANC>500	15 (10-39)	18.5(10-25)	0.7
Plat >20.0	16.5 (1-54)	19 (0-54)	0.8
Full donor Chimerism	34.5 (12-63) 13/13	44(22-108) 10/13	

# Results

- Median follow up after 2<sup>nd</sup> Tx 1259 days

# Survival

## Overall Survival Post Second Transplant



# Survival

- 7 patients are alive ( 1 with Partial Chimerism and 6 full donor Chimerism) all but one have cGVHD the one without cGVHD had graft failure of the second donor but full donor Chimerism of the 1<sup>st</sup> donor\*\*\*
- 6 patients have died ( 3 full donor Chimerism with complications of cGVHD and 2 partial Chimerism from relapse, one full donor Chimerism patient died of relapse.

# Conclusions

- Pts who relapse after 1<sup>st</sup> allo transplant can be successfully treated with a second HSCT from a different donor
- Pts who did not achieve a full donor Chimerism after the second HSCT were at higher risk of relapse
- All but one surviving pts have cGVHD
- Patient who died from complications of cGVHD were in remission